

# NZSE

New Zealand Skills and Education College

NZSE



# Light Up Your Future

## School of Health Study Guide

[nzse.ac.nz](https://nzse.ac.nz)  
0800 99 88 11 | [study@nzse.ac.nz](mailto:study@nzse.ac.nz)

Follow us on



# Welcome!

Nau mai, haere mai.

An educational experience at NZSE College is like no other – where you're inspired to rise up to challenges and thrive. As a student at NZSE, you'll join a welcoming and supportive community that is dedicated to helping you expand your horizons for a life of purpose, service and leadership.

Established nearly 20 years ago, NZSE is a leading provider of tertiary qualifications with separate schools dedicated to Tech, Health, Early Childhood Education, ATC and Hospitality. Led by our talented, passionate faculty, our academic programmes are designed to transition you through university study while our applied learning programmes provide training so that you can confidently progress at work in Aotearoa New Zealand or overseas.

Every student wants a bright future, which is why we deliver practical learning experiences. Along with fundamental knowledge, you'll gain connections into industry with internationally recognised qualifications. NZSE has grown rapidly throughout the years, and we are proud to now have four modern campuses across greater Auckland and Waikato, flourishing with people from around the world.

At NZSE, supporting our students is paramount – our student support team, friendly tutors, and whānau-like environment set us apart from other education providers. You're nurtured along the path of success as you build strong relationships.

Guided by principles that encompass respect for all cultures, knowledge and diversity, we are committed to transforming lives through the power of learning. We hope you will join us on a shared journey where you'll skill up, rise up and light up your future.

Nga Mihi



**Wendy Liao**  
Group CEO



## Accreditation

**NZQA**  
New Zealand  
Qualifications  
Authority

**Ministry of  
Education**  
Te Tāhuhu o te  
Mātauranga

**Tertiary Education  
Commission**  
Te Amorangi  
Mātauranga Matua

**Immigration  
New Zealand**  
Te Ratonga  
Manene

## Partners

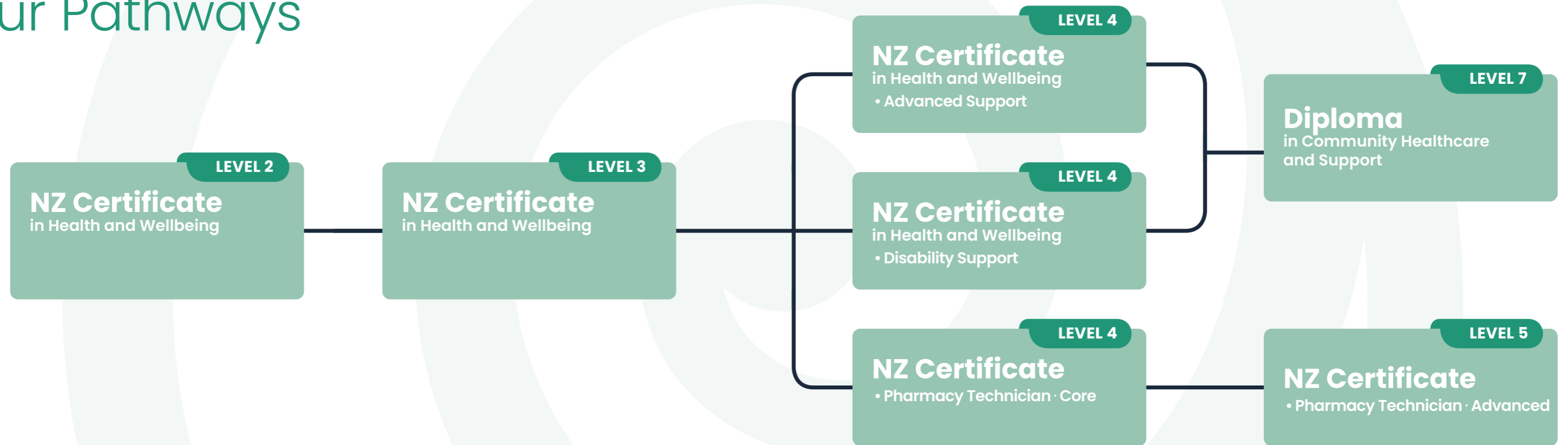
We've teamed up with leading businesses and organisations that allow us to provide our students with great internship and work experience opportunities.

These opportunities are the best way to put your knowledge into practice and learn from industry experts.

### Industry Partners



# Our Pathways



## School of Health

TE KURA ORANGA HAUORA

Are you passionate about supporting the health of our communities?

Light up your future while promoting wellness, preventing illness and providing care to others. While building a solid foundation for healthcare practices, NZSE's School of Health provides a welcoming and accessible environment for you to pursue your studies and take the next step in your career. Led by passionate, experienced tutors, our holistic and innovative programmes provide you with entry points at any level to start your studies and progress in various in-demand professional roles.

### Industry Roles



Community Health Worker



Support Worker



Care Giver



Healthcare Educator



Healthcare Assistant



Senior Healthcare Worker



Community Support Team Leader



Hospital Pharmacy Technician



Community Pharmacy Technician



Team Leader

### Wage Rates in New Zealand

The School of Health programmes are approved with minimum Pay Equities ranging from \$24.78 to \$29.10 per hour in New Zealand.  
- Support Workers (Pay Equity) settlements amendment Act 2022





# NZ Certificate Health & Wellbeing

DURATION: 12 weeks + 1 weeks study break  
CREDITS: 40 Credits  
DELIVERY: Online

Level 2  
80 Hours  
Work Placement

Looking to ignite your career in healthcare? Upskill and get qualified for entry-level roles with this NZ Certificate in Health and Wellbeing (Level 2).



Learn to provide non-clinical health support with a person-centric approach to up-to-date best healthcare practices. Once qualified, you can start your healthcare career or progress to higher studies in health and wellbeing.

### What will you Learn?

- New Zealand's healthcare environment
- Working in healthcare
- **In the Workplace: 80 Work Placement hours**

### What is Next?

**Further study**

- NZ Certificate in Health and Wellbeing (Level 3)
- Other Level 3 programmes at NZSE College

**Start your Career as a:**

- Caregiver
- Community Health Worker
- Support Worker
- Entry Level Healthcare roles

### Entry Criteria

- Open entry
- A compulsory criminal record check
- An interview and a short statement of intent on why the learner wishes to pursue a Healthcare qualification



## STUDENT SUCCESS

"NZSE provides quality education, the staff are supportive and our programme provided us with many opportunities and experience in the Healthcare Industry."

**Meena**  
Health and Wellbeing Graduate

**PAID PARITY**  
**\$24.78**  
per hour

**Wage Rates in New Zealand**  
This programme will also prepare you for further studies in the Healthcare and aged care sector or prepare you for the workplace with pay parity starting at **\$24.78 per hour** (starting from 1 Jan 2024).

health.govt.nz

# NZ Certificate Health & Wellbeing



DURATION: 21 weeks + 2 weeks study break  
 CREDITS: 70 Credits  
 DELIVERY: New Lynn | Manukau | Online

Level 3  
 100 Hours  
 Work Placement

If you're looking to pave the way for a career in healthcare, succeed by upskilling with NZSE's NZ Certificate in Health and Wellbeing (Level 3).

Obtain significant knowledge of healthcare and be equipped with the practical tools you'll need to thrive as a healthcare worker in the aged care sector. While learning how to meet the holistic needs of patients, you'll be led by our experienced, nurturing team of tutors in a caring learning environment.



## What will you Learn?

- Aging and palliative care
- Professional behaviour, communication and cultural awareness
- Maximise a person's independence
- **In the Workplace: 100 Work Placement hours**

## What is Next?

### Further study

- NZ Certificate in Health and Wellbeing (Advanced Care and Disability Support) (Level 4)

### Start your Career as a:

- Caregiver
- Community Health Worker
- Support Worker
- Entry Level Healthcare roles

## Entry Criteria

- 16 years of age or older
- Recommended to have completed NZ Certificate in Health and Wellbeing (Level 2)
- A compulsory criminal record check
- An interview and a short statement of intent on why the learner wishes to pursue a Healthcare qualification

PAID  
 PARITY  
**\$26.94**  
 per hour

### Wage Rates in New Zealand

This programme will also prepare you for further studies in the Healthcare and aged care sector or prepare you for the workplace with pay parity starting at **\$26.94 per hour** (starting from 1 Jan 2024).

health.govt.nz

# NZ Certificate Health & Wellbeing (Advanced Care and Support)



DURATION: 32 weeks + 6 weeks study breaks  
 CREDITS: 120 Credits  
 DELIVERY: New Lynn | Manukau | Online (Auckland & Waikato)

Level 4  
 200 Hours  
 Work Placement

The aim of this flexible-learning programme is to equip people who have experience in the health and wellbeing sector with the skills, knowledge and attributes required for advanced person-centred support. Caring for those with complex needs, and their family/whānau, you'll be prepared to take a leadership role in healthcare, particularly in aged care. The learning gained within this programme is transferred into work practice, with a supervised work placement in a New Zealand healthcare organisation.



## What will you Learn?

- Communication and engagement in healthcare
- Cultural perspectives in Aotearoa/ New Zealand
- Professional collaboration
- Safe practices in Health and Wellbeing
- Clinical care
- Applied leadership skills
- **Advanced Health and Wellbeing in the Workplace 200 Work Placement hours**

## What is Next?

### Further study

- Graduates can progress to further studies at higher levels

### Start your Career as a:

- Senior Healthcare Worker
- Senior Care Giver
- Similar roles in: Retirement Villages, Rest Homes, Inhome Services, Elderly Care Organisations, Hospices, Specialised Dementia Units, Aged Residential Care or hospitals

## Entry Criteria

- NZ Certificate in Health and Wellbeing (Level 3) or equivalent OR 3 years paid employment experience within the Health and Wellbeing sector
- A compulsory criminal record check
- An interview and a short statement of intent on why the learner wishes to pursue a Healthcare qualification

PAID  
 PARITY  
**\$29.10**  
 per hour

### Wage Rates in New Zealand

This programme will also prepare you for further studies in the Healthcare and aged care sector or prepare you for the workplace with pay parity starting at **\$29.10 per hour** (starting from 1 Jan 2024).

health.govt.nz





## NZ Certificate

# Health & Wellbeing (Social and Community Services) with Strands in (Mental Health and Addiction Support or Disability Support)

**DURATION:** 34 weeks + 6 weeks study breaks  
**CREDITS:** 120 Credits  
**DELIVERY:** New Lynn | Hamilton | Online (Nationwide)

**Level 4**  
 200 Hours  
 Work Placement

Light up your future and pursue your passion in caring for people. This programme is designed to provide graduates with the specialist skills, knowledge and professional attributes required to provide person-centred support to those with mental health and/or addiction needs; or people with disabilities – as well as extending care to their family/whānau.



Throughout the programme, gain skills that are designed for work practice: Experience a supervised work placement in a New Zealand mental health and addiction service; or disability support service. Graduates will be prepared for entry level roles in a mental health facilities; addiction or disability support organisation.

### What will you Learn?

- Effective communication and engagement
- Cultural competency in the context of Māori Wellbeing
- Personal leadership and reflective practice in Healthcare
- Professionalism, safety and quality in Healthcare
- Introduction to disability support in Aotearoa/NZ
- Disability support workers
- Introduction to mental health and addiction support in Aotearoa/Nz
- Mental health and addiction support workers
- Practicum-200 hours

### What is Next?

#### Further study

- New Zealand Certificate in Public Health and Health Promotion Level 5
- New Zealand Diploma in Addiction Studies (Applied) Level 6
- Higher - level study in related health and wellbeing subject areas

#### Start your Career as a:

- Mental Health and addiction support workers, addiction programme facilitators, day programme facilitators, and residential support workers
- Disability support workers, disability information consultants, and disability case workers

### Entry Criteria

- 4 years of secondary school education
- A compulsory criminal record check
- Two referees (not family or friends) An interview and a short statement of intent

**PAID PARITY**  
**\$29.10**  
 per hour

#### Wage Rates in New Zealand

This programme will also prepare you for further studies in the Healthcare and aged care sector or prepare you for the workplace with pay parity starting at **\$29.10 per hour** (starting from 1 Jan 2024).

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# STUDENT SUCCESS

“NZSE provides quality education, the staff are supportive and our programme provided us with many opportunities and experience in the Healthcare Industry.”

#### Desirie Garcia

Health and Wellbeing Graduate





# NZ Certificate Pharmacy Technician-Core



DURATION: 22 weeks + 2 weeks study break  
 CREDITS: 75 Credits  
 DELIVERY: New Lynn

**Level 4**  
 160 Hours  
 Work Placement

Pharmacy Technicians are fully equipped with the theoretical and practical knowledge required to safely dispense medications and other therapeutic products. They provide guidance on the use of dispensed medicines and effectively manage dispensary stock and inventory.



Our programme provides you with the vital skillset, confidence, legal and ethical pharmacy standards, critical thinking and practical knowledge to apply yourself in the New Zealand pharmacy sector under the supervision of a pharmacist. Graduates will be ready to provide a patient centred pharmaceutical approach to all patients and their whānau.

## What will you Learn?

- Ethical, legal and professional requirements applicable to the role of a pharmacy technician
- Patient counselling and advice
- Applied knowledge of medicines as they relate to the treatment of health disorders
- Pharmacy calculations and dispensing techniques
- Inventory management
- **In the Pharmacy Workplace: 160 Work Placement hours**

## What is Next?

### Further study

- New Zealand Certificate in Pharmacy Tech (Advanced) (Level 5).

### Start your Career as a:

- Pharmacy Technician or Pharmacy Assistant in Community or Hospital Pharmacy Settings
- Healthcare Assistant

## Entry Criteria

- The New Zealand Certificate in Pharmacy (Introduction to Pharmacy Practice) (Level 3); or an equivalent qualification, skills or experience in the health and wellbeing sectors, is required to be held for entry into programmes leading to this qualification
- Applicants must be a minimum age of 17 years old
- This programme is taught and assessed in English, and the students must have English language competence to undertake it
- Students who have not undertaken secondary study in English are required to have achieved IELTS academic score of 5.5 with no band less than 5.5 or Language Cert C1 or equivalent

# NZ Certificate Pharmacy Technician-Advanced



DURATION: 18 weeks + 2 weeks study break  
 CREDITS: 65 Credits  
 DELIVERY: New Lynn

**Level 5**  
 160 Hours  
 Work Placement

This Pharmacy Technician-Advanced programme provides its students with an advanced set of dispensing skills, including the science and art of pharmaceutical compounding. You will also gain an extensive knowledge of anatomy and physiology, pharmacy inventory management, pharmacology and medicines used in the treatment of health issues. Graduates of this qualification will be able to further advance their communication and problem-solving skills while providing a patient-centred pharmaceutical approach.



## What will you Learn?

- Effective communication and engagement
- Cultural competency in the context of Māori wellbeing
- Personal leadership and reflective practice in healthcare
- Professionalism, safety and quality in healthcare
- Introduction to disability support in Aotearoa New Zealand
- Disability support workers
- Introduction to mental health and addiction support in Aotearoa New Zealand
- Mental health and addiction support workers
- Practicum - 200 hours

## What is Next?

### Further study

- New Zealand Diploma in Pharmacy (Pharmacy Technician - Specialist) (Level 6)
- Bachelor of Pharmacy (BPharm) offered by the University of Auckland and the University of Otago.

### Start your Career as a:

- Senior or Advance Pharmacy Technician in Community or Hospital Pharmacy Settings
- Senior Pharmacy Technician Roles

## Entry Criteria

- Must obtain the NZ Certificate in Pharmacy (Pharmacy Technician - Core) (Level 4)
- This programme is taught and assessed in English, and the students must have English language competence to undertake it
- Students who have not undertaken secondary study in English are required to have achieved IELTS academic score of 6.0 with no band less than 6.0 or NZCEL (Academic) Level 4 or Language Cert C1 or equivalent

# Diploma Community Healthcare and Support



**DURATION:** 32 weeks + 7 weeks study break  
**CREDITS:** 120 Credits  
**DELIVERY:** New Lynn | Hamilton

**Level 7**  
**160 Hours**  
**Work Placement**

New Zealand has a strong demand for key staff in the healthcare sector. Our rigorous Diploma in Community Healthcare and Support will give you solid competency and key knowledge required for work opportunities within specialised fields of the New Zealand healthcare industry. With [unpaid] work placements in the last term of this programme, you will be work ready and able to apply your technical skillset in palliative and aged care, rehabilitation, health promotion and primary health care.



## What will you Learn?

- Primary healthcare
- Professional practice and legislation
- Research for healthcare practice
- Rehabilitation
- Geriatric care
- Palliative care
- **Industry Work Placement: 160 Work Placement hours**

## What is Next?

### Further study

- Postgraduate Diploma in Public Health
- Postgraduate Diploma in Health Science
- Postgraduate Diploma in Health and Social Practice
- Postgraduate Diploma in Health Management
- Master of Health Sciences

### Start your Career in:

- Geriatric: retirement villages; rest homes; in home services; elderly care organisations; acupuncture clinics; massage and reflexology clinics
- Palliative: hospice; rest Homes, in-home services; retirement villages; elderly care organisations
- Community Healthcare
- Health Education, Support Work, Healthcare/Nursing, ACC Case and Claims, Health Promotion, or in the Aged Care Sector, Health Organisation, Personal Care

## Entry Criteria

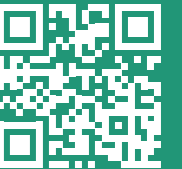
- University Entrance (specified by NZQA) OR Minimum of a Level 5 qualification
- A compulsory criminal record check
- An interview and a short statement of intent on why the learner wishes to pursue a Healthcare qualification

**PAID PARITY**  
**\$29.10**  
 per hour

**Wage Rates in New Zealand**  
 This programme will also prepare you for further studies in the Healthcare and aged care sector or prepare you for the workplace with pay parity starting at **\$29.10 per hour** (starting from 1 Jan 2024).

health.govt.nz

# How to Apply



## Keen to study at NZSE?

Follow these simple steps to begin your academic journey with us.

### STEP 1: Contact Us

If you are interested in studying one of our courses or want to know more about our programmes, contact us by email or phone. We are happy to discuss NZSE's study options with you.

### STEP 2: Supply any additional information

The programme you apply for may require additional documentation such as a portfolio (this is discussed in step 1). If this is the case, please supply any additional information necessary.

### STEP 3: Submit Application

Once we have organised your course of study, provide your details on the Student Application Form. You can do this in-person while speaking to one of our team or you can download a copy from our website and email to: [study@nzse.ac.nz](mailto:study@nzse.ac.nz)

### STEP 4: Enrol

As soon as your application is successful, you will receive an offer of study, which outlines the next steps in your journey.

### Step 5: Welcome!

Welcome to the NZSE whānau!

We'll confirm your enrolment and will be in touch with you about everything you need to know for your first day and beyond.

## Fees Information

We provide a variety of options for our prospective students to ensure they can study and continue with their journeys. We recommend contacting our team to check full eligibility conditions and to find the right option for you.



### Free for Youth

Free for all eligible domestic students from 16 to 24 years old.



### Fees-Free

Free of charge for first-time tertiary domestic learners who meet eligibility criteria. (It covers fees for one year's study or two years' work-based training – up to \$12,000).



### Free Programme

Free of charge for all eligible domestic students.



## Auckland

### New Lynn

3033 Great North Road,  
New Lynn, 0600

### Manukau

20A Amersham Way,  
Manukau City Centre, 2104

### CBD

238/242 Queen Street,  
Auckland CBD, 1010

## Waikato

### Hamilton

850 Victoria Street,  
Hamilton Central, 3204

## Contact us

[study@nzse.ac.nz](mailto:study@nzse.ac.nz)

0800 99 88 11

## Visit us

[nzse.ac.nz](http://nzse.ac.nz)

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