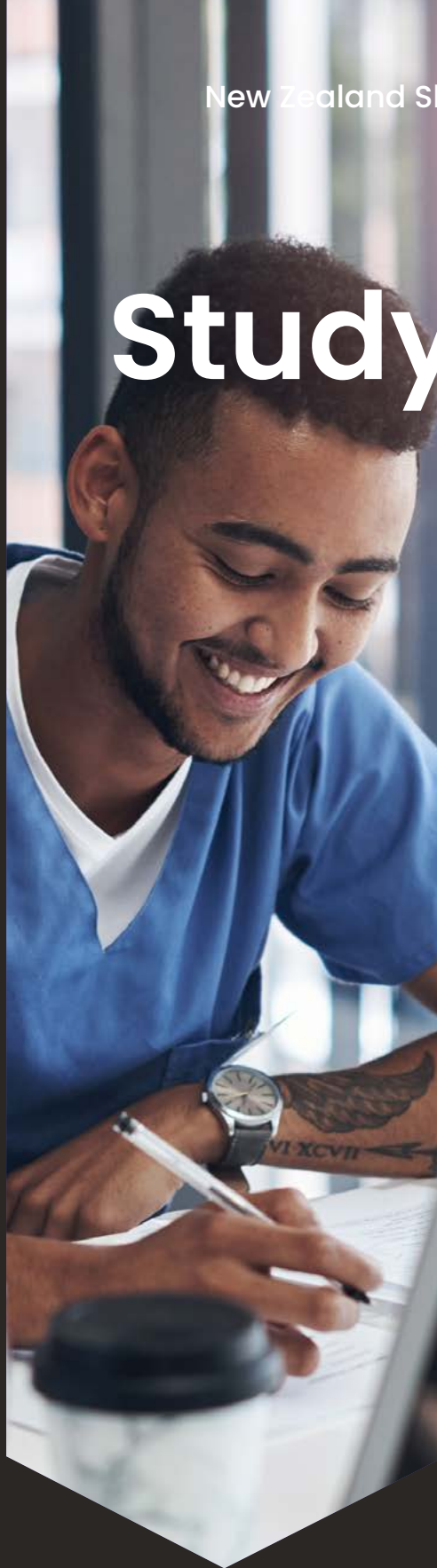


New Zealand Skills and Education College

Health Study Guide



Transforming lives through the power of learning

Welc



Nau mai, haere mai

Welcome to New Zealand Skills and Education College, a trusted leader in education and training for over two decades. An educational experience at NZSE College is like no other – our welcoming and supportive community places learners at the centre of everything we do. NZSE is proud of our extensive history of producing thousands of graduates who leave our institution with more than just a qualification. Our students gain real-world skills, invaluable experiences, and the confidence to excel in their chosen careers.

As we celebrate 20 years of educational excellence, we reflect on the countless lives transformed through our programmes. For two decades, NZSE has empowered students to thrive – not only academically, but also in their professional and personal lives. We believe education is an invaluable tool that inspires growth, opens doors, and provides meaningful value to both learners and the communities they serve.

Our commitment to delivering high-quality education and supporting students through their learning journey remains as strong as ever. We are excited to be a part of your next journey and we look forward to seeing the remarkable impact you will make.

Thank you for choosing NZSE as your educational partner.

Ngā mihi.

The NZSE College Team

Why Study with NZSE?

A legacy of learning

For over 20 years, NZSE College has been a trusted leader in education, shaping futures and empowering students to achieve their goals. Our long-standing commitment to excellence has earned us a reputation as a provider that produces successful graduates with the skills for rewarding careers in a wide range of industries.

At NZSE, supporting our students is paramount – our student support team, friendly tutors, and whānau-like environment set us apart from other education providers. Our learners are nurtured along their paths of success with our student support team, who ensure that each student is on track with their goals. We consider it imperative to celebrate all cultures, knowledge, and diversity with regular cultural activities and events, and we even have our very own student kapa haka group named Te Kāhui Ākonga Māori.

With two decades of proven success, we continue to evolve, offering relevant, industry-focused programmes that guarantee our students are equipped with the skills and knowledge to thrive in a fast-changing world. Join us and become part of a legacy that values learning, innovation, and success.



Our Mission

To produce successful graduates through exciting educational experiences

For two decades, New Zealand Skills and Education College has been a trusted leader in education and training. We provide a diverse range of programmes in health, technology, education, military preparation, and foundation studies, catering to both domestic and international learners. Our numbers speak for themselves – NZSE graduates consistently achieve success, leaving with quality qualifications and the confidence to excel in their chosen fields.

20+

20+ years
serving the
community

10K+

10,000 graduates
and counting

93.95%

Satisfaction
rate: 1 January
2023 to 31
December 2023





Study Health at NZSE

TE KURA ORANGA HAUORA

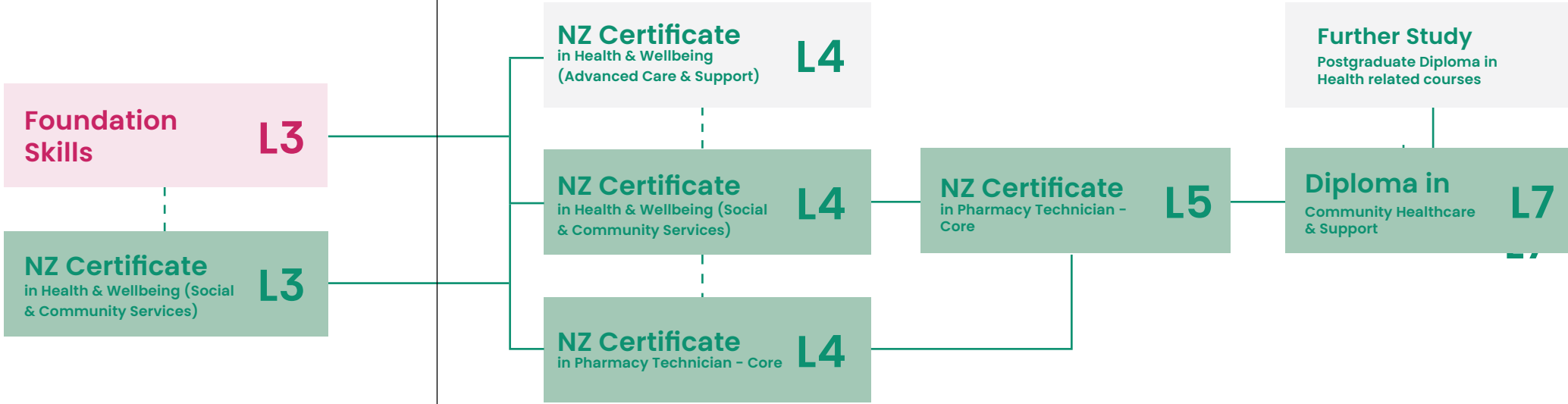
Are you passionate about supporting the health and well-being of our communities?

Contribute meaningful value to Aotearoa New Zealand through promoting wellness, preventing illness, and providing compassionate care to others. Grow with in-depth professional knowledge while experiencing real-world work environments with healthcare-related internships that set you up for the next stage of a dynamic career. NZSE's School of Health provides a welcoming and accessible environment for you to pursue your studies. Led by passionate, experienced tutors, our holistic and innovative programmes provide you with entry points at any level to start your studies and progress in various in-demand professional roles.

“I met new friends and enjoyed hanging out with other students from different cultural backgrounds. After a couple of months I became a one of the top students from Healthcare Level 3.”

Lesona Seuluga
Health Graduate

Our Pathways



Wage Rates in New Zealand



Graduation from the School of Health programmes prepare you for a workplace with Pay Equity ranging from ranging from \$24.78 to \$29.10 per hour in New Zealand.
- Support Workers (Pay Equity) Settlements Amendment Act 2022

Industry Roles



Community Health Worker



Healthcare Worker



Support Worker



Care Giver



Healthcare Educator



Healthcare Assistant



Support Team Leader



Pharmacy Technician



Community Pharmacy Technician



Team Leader

NZ Certificate in Health & Wellbeing

L3

If you're looking to pave the way for a career in healthcare, succeed by upskilling with NZSE's NZ Certificate in Health and Wellbeing (Level 3).

Obtain significant knowledge of healthcare and be equipped with the practical tools you'll need to thrive as a healthcare worker in the aged care sector. While learning how to meet the holistic needs of patients, you'll be led by our experienced, nurturing team of tutors in a caring learning environment.

Course Content

There are 4 courses in the Level 3 programme:

HLTH 3001 – Professional Behaviour, Communication and Culture

This course prepares students in professional conduct, communication, and ethical standards with an emphasis on culturally safe practices for supporting Māori in healthcare. It explores Māori values and the principles of Te Tiriti o Waitangi – partnership, participation, and protection – along with professional practices, the Code of Rights, and ethical guidelines. Students will learn to explain culturally safe principles, apply legal and ethical standards, and use communication strategies that honour individuals' cultural needs, health, and well-being.

HLTH 3002– Cultural Competency in the Context of Māori Wellbeing

This course examines the ageing process and its impact on well-being, with a focus on palliative care needs and identifying signs of abuse. Students will learn to explain ageing's health effects across cultures, recognize abuse types and vulnerability, and understand the support worker's role in providing culturally sensitive palliative care. Key topics include physical effects of ageing, factors contributing to vulnerability, abuse indicators, and principles for compassionate, culturally appropriate care.

HLTH 3003– Maximise a Person's Independence

This course focuses on person-centred care principles, emphasising holistic support, risk and hazard management, and promoting independence in a culturally sensitive manner. Students will develop skills in safe handling techniques, equipment use, and emergency procedures essential for healthcare settings.

HLTH 3004 – In the Workplace

This course allows students to apply their acquired skills within a supervised healthcare environment, focusing on culturally appropriate, person-centred care. Core topics cover addressing the cultural needs of Māori, Pasifika, and other communities, as well as supporting individuals with physical disabilities and early-stage dementia. Students will learn to observe and respond to changes, promote independence, and deliver holistic care. The learning outcomes emphasise providing culturally appropriate support, fostering independence, and practicing person-centred principles.

Further Study

- NZ Certificate in Health & Wellbeing Level 4
- NZ Certificate in Pharmacy Technician – Core Level 4
- Higher-level study in related health and wellbeing subject areas.

Duration

21 weeks + 2 weeks study break

+ 100hrs

Work Placement

Credits

70 Credits

Delivery

Online



This programme will also prepare you for further studies in the Healthcare and aged care sector

or

prepare you for the workplace with pay parity starting at **\$26.94** per hour (starting from 1 Jan 2024)

health.govt.nz

Entry Criteria

- Be 16 years of age or older
- A compulsory criminal record/ Police check
- Recommended to have completed NZ Certificate in Health and Wellbeing (Level 2).
- Recommended minimum of Step 4 Literacy and Step 5 Numeracy on the Adult Learning Progressions or equivalent
- This programme requires students to have access to a laptop/desktop that can connect to the internet with a web browser and a required minimum screen size of 10 inches. For device specifications, please talk to your Course Advisor.



NZ Certificate in Health & Wellbeing (Social and Community Services)

with Strands in Mental Health and Addiction Support and Disability Support

One in four New Zealanders have some form of disability, whether it is physical, psychological, or sensory. Pursue your passion for helping this part of our population and study to specialise in disability support or mental health and addiction support with this certificate.

Learn the responsibilities of support workers and how they care for their patients' mental health or disability challenges, and their families. Graduates will be prepared for entry-level roles in a mental health facility and an addiction or disability support organisation.

L4

Course Content

There are 7 courses in the Level 4 programme:

- HLTH 4011
- Effective Communication and Engagement**

This course prepares students to advocate for individuals and families in social support settings, emphasizing culturally sensitive, cross-cultural, and person-centered communication. Students will develop skills in leadership, advocacy, and principles like whakawhanaungatanga, kaitiakitanga, and mauri ora to strengthen socio-cultural identity and self-awareness in community services.
- HLTH 4012
- Cultural Competency in the Context of Māori Wellbeing**

This course explores Te Tiriti o Waitangi and Māori cultural principles to address health disparities in New Zealand. Students will study colonial history, Te Whare Tapa Whā, and culturally safe healthcare strategies, analysing the roles of whānau, hapū, and iwi in supporting Māori well-being in social services.
- HLTH 4013
- Personal Leadership and Reflective Practice in Healthcare**

This course develops leadership, self-care, and culturally safe practices for health and well-being. Students will explore leadership styles, teamwork, communication, and reflective practices, including Hauora Māori's four dimensions. They will learn to assess leadership skills, apply self-care strategies, and understand empathy's impact on healthcare outcomes.
- HLTH 4014 - Professionalism, Safety, and Quality in Healthcare**

This course provides a deep understanding of professionalism, safety, and quality in health settings. Topics include healthcare ethics, codes of practice, whānau collaboration, and regulatory standards. Students will explore key qualities for professionalism, analyse culturally safe practices, and learn how health professionals support quality care for tangata whai ora.
- HLTH 4018
-Introduction to Disability Support in Aotearoa/NZ**

This course builds students' understanding of disability support services and the role of support workers in New Zealand. Topics include disability strategies, cultural safety, and best practices. Students will evaluate services, explore autonomy-support tools, and develop skills in de-escalation, stress management, and self-care.
- HLTH 4019
-Disability Support Workers**

This course expands students' knowledge of professionalism, community integration, and ethics in disability support, covering rehabilitation, health equity, new technologies, and best practices. Students will apply risk management and use tools to support independence and rights for disabled individuals.
- HLTH 4020
-Disability Support - Practicum**

This course provides practical experience in disability support, emphasising professionalism, communication, and autonomy-enhancing tools. Topics include ethical practice, assistive technologies, and strategies for supporting tangata whai ora and their whānau. Students will apply skills to address daily challenges, assess sector impacts, and reflect on fostering independence and quality of life.

Further Study

- New Zealand Certificate in Public Health and Health Promotion Level 5
- New Zealand Diploma in Addiction Studies (Applied) Level 6
- Higher-level study in related health and wellbeing subject areas.

Duration

34 weeks + 6 weeks study break

+ 200hrs

Work Placement

Credits

120 Credits

Delivery

New Lynn | Hamilton | Online (Nationwide)



This programme will also prepare you for further studies in the Healthcare and aged care sector

or

prepare you for the workplace with pay parity starting at **\$29.10** per hour (starting from 1 Jan 2024)

health.govt.nz

Entry Criteria

- At least 4 years of secondary school education.
- At least one of the following academic requirements:
 - Level 1 NCEA credits in at least two subjects; OR
 - A pass in at least 2 School Certificate subjects, OR
 - A New Zealand Certificate in a relevant discipline at either Level 2 or Level 3, or equivalent
- A compulsory criminal record/Police check.
- An interview and a short statement of intent.

L4

NZ Certificate in Pharmacy Technician – Core

L4

Pharmacy Technicians are fully equipped with the theoretical and practical knowledge required to safely dispense medications and other therapeutic products. They provide guidance on the use of dispensed medicines and effectively manage dispensary stock and inventory.

Our programme provides you with the vital skillset, confidence, legal and ethical pharmacy standards, critical thinking and practical knowledge to apply yourself in the New Zealand pharmacy sector under the supervision of a pharmacist. Graduates will be ready to provide a patient-centred pharmaceutical approach to all patients and their whānau.

Course Content

There are 5 courses in the Level 4 programme:

PHAR4001 – Pharmacy Ethics, Regulations, and Legislation

The aim of this course is for students to gain the required knowledge of pharmacy-related legislation and regulations as applicable to a pharmacy technician. This course will also equip students with the skills and knowledge required to work ethically and professionally as a pharmacy technician.

PHAR4002 – Pharmacotherapy, Patient Counselling and Guidance

The aim of this course is for students to develop sound knowledge of pharmacotherapy in relation to commonly used treatments. The students will be able to develop a set of appropriate communication techniques when informing, advising, and counselling patients/customers on health-related matters and dispensed medicines.

PHAR4003 – Pharmacy Calculations

The aim of this course is to equip students with all the required knowledge to interpret prescriptions and perform all required calculations as a part of a dispensing process.

PHAR4004 – Pharmacy Placement ONE (1st Practicum)

The aim of this course is for students to develop a competent set of dispensing skills, including prescription data entry, compliance packaging and reconstitution of medicines while working under the supervision of a pharmacist.

PHAR4005 – Pharmacy Placement TWO (2nd Practicum)

The aim of this course is for students to develop a competent set of dispensing skills, including prescription data entry, compliance packaging and reconstitution of medicines while working under the supervision of a pharmacist. The course will equip students with the knowledge and skills required for the effective management of dispensary stock and inventory while fulfilling storage requirements.

Duration

22 weeks + 2 weeks study break

+ 160hrs

Work Placement

Credits

75 Credits

Delivery

New Lynn

L4

Entry Criteria

- The New Zealand Certificate in Pharmacy (Introduction to Pharmacy Practice) (Level 3); or an equivalent qualification, skills or experience in the health and wellbeing sectors, is required to be held for entry into programmes leading to this qualification
- Applicants must be a minimum age of 17 years old
- This programme is taught and assessed in English, and the students must have English language competence to undertake it

Further study

- New Zealand Certificate in Pharmacy Tech (Advanced) (Level 5)

NZ Certificate in Pharmacy Technician – Advanced

L5

This Pharmacy Technician–Advanced programme provides its students with an advanced set of dispensing skills, including the science and art of pharmaceutical compounding. You will also gain an extensive knowledge of anatomy and physiology, pharmacy inventory management, pharmacology and medicines used in the treatment of health issues. Graduates of this qualification will be able to further advance their communication and problem-solving skills while providing a patient-centred pharmaceutical approach.

Course Content

There are 4 courses in the Level 5 programme:

PHAR5001 – Anatomy and Physiology 1

The aim of this course is for students to gain advanced knowledge of human anatomy and physiology of cardiovascular, respiratory, musculoskeletal, urinary and reproductive systems. This course will also equip students with knowledge of prescription and over-the-counter medications used in the treatment of health conditions associated with the above organ systems.

PHAR5002 – Anatomy and Physiology 2

Students will gain advanced knowledge of human anatomy and physiology of the central nervous, gastrointestinal, endocrine, integumentary (skin), immune systems and eye, ear, nose and oropharynx. This course will also equip students with knowledge of prescription and over-the-counter medications used in the treatment of health conditions associated with the above organ systems.

PHAR5003 – Pharmacology and Professional Communication

Students will be equipped with a set of effective communication techniques required for appropriate and effective interaction with a range of healthcare professionals and their staff. In this course students will also gain a fundamental knowledge of pharmacology, drug formulation and how medicines work, common side-effects, and what effect they have on the body systems. Students will also gain knowledge of drug therapies commonly dispensed and understand their mechanisms of action.

PHAR5004 – Advanced Pharmacy Practice

Develop and apply advanced pharmacy technician skills to further enhance practice. Students will gain all required skills, knowledge, and techniques to become fully competent in the area of extemporaneous compounding. Students will also be able to further enhance their knowledge in the management of pharmacy inventory (hospital and community) including special storage requirements and procedures, cold chain management, management of pharmacy equipment and controlled drug management.

Further study

- New Zealand Diploma in Pharmacy (Pharmacy Technician – Specialist) (Level 6)
- Bachelor of Pharmacy (BPharm) offered by the University of Auckland and the University of Otago.

Duration

18 weeks + 2 weeks study break

+ 160hrs

Work Placement

Credits

65 Credits

Delivery

Online

L5

Entry Criteria

- Must obtain the NZ Certificate in Pharmacy (Pharmacy Technician – Core) (Level 4)
- This programme is taught and assessed in English, and the students must have English language competence to undertake it



L7

Diploma in Community Healthcare and Support

This programme is increasingly relevant due to New Zealand’s strong demand for key staff in the healthcare sector. NZSE’s experienced and passionate tutors are proud to mentor students in performing high-quality healthcare, ultimately contributing to their communities and easing the skill shortage.

After completion, you will graduate with the practical skill set and technical knowledge required to provide holistic and compassionate care in palliative and aged care, rehabilitation, health promotion and primary healthcare.

Course Content

There are 7 courses in the DCHS7 programme:

- HLTH6001 –
Primary Health
Care

In this course, students will explore how socio-political and cultural factors affect health, focusing on health promotion, prevention, and primary healthcare tailored to diverse needs. It will also cover governance, policy, legislation, and financial influences on healthcare in Aotearoa/New Zealand, including critiques of Ministry of Health strategies and guidelines.
- HLTH6002 –
Rehabilitation

In this course, students will develop skills for managing workers' compensation and return-to-work programs across various industries. They will learn to plan, design, implement, and evaluate injury management systems and compensation processes that incorporate cultural perspectives and health determinants.
- HLTH7001 –
Professional
Practice and
Legislation

In this course, students will explore the roles, functions, and legislation of health services, along with the scope of practice for health professionals. They will gain insight into various employment opportunities to help inform their future career decisions.
- HLTH7002 –
Research for
Health Care
Practice

This course introduces key research principles, equipping students with skills for purposeful reading, critical analysis, and practical application of research in healthcare. Students will explore the role of research in advancing healthcare in Aotearoa/New Zealand and critically examine various methodologies used in evidence-based practice.
- HLTH7003 –
Geriatric Care

This course will explore the holistic health of the older adult from a psychological, psychological, socioeconomic, spiritual, political and cultural view. The students will explore the concept of positive ageing, life expectancy, and quality of life.
- HLTH7004 –
Palliative Care –
Tiakina Maioha

Students will investigate concepts of quality of life and dying, considering legal, ethical, cultural, religious, and personal perspectives. They will critically examine the holistic complexities of life-threatening illness on individuals, whānau/family, and community, along with the health professional’s roles and responsibilities in response.
- HLTH7005 – Work
Placement

This practicum course enables students to apply community health knowledge in healthcare settings to enhance the well-being of individuals and families. Working with multidisciplinary teams, they will create culturally aware healthcare plans and research essential skills for ethical and effective health practices.

Further Study

- Postgraduate Diploma in Public Health
- Postgraduate Diploma in Health Science
- Postgraduate Diploma in Health and Social Practice
- Postgraduate Diploma in Health Management

Duration

32 weeks + 7 weeks
study break

+ 160hrs

Work Placement

Credits

120 Credits

Delivery

New Lynn | Hamilton



This programme will also prepare you for further studies in the Healthcare and aged care sector

or

prepare you for the workplace with pay parity starting at **\$29.10** per hour (starting from 1 Jan 2024)

health.govt.nz

Entry Criteria

- An interview with the Head of Shcool and a short statement of intent on why the learner wishes to pursue a Healthcare qualification if asked
- Minimum of a Level 5 qualification or above
- A compulsory criminal record/ Police check
- Recommended minimum of Step 4 Literacy and Step 5 Numeracy on the Adult Learning Progressions or equivalent

Student & Career Support

The holistic well-being of our students is one of NZSE College's highest priorities. We have established policies and practices to ensure the safety and happiness of our community – including a dedicated Learner Success Support Team and the Learner Voice Committees, which are groups composed of student representatives who act as the voice of learners. Our student services are designed to make your transition into study as smooth and easy as possible, making NZSE feel like a home away from home.

How we support you:

- Support staff that offer wraparound care and advice
- Planned activities, including cultural events, field trips, and shared lunches
- Seminars and guest speaker events that provide industry insights to learners
- Innovative facilities with accurate equipment for practical experience
- High-quality and diverse teaching staff who are experts in their fields
- Programmes that are developed in conjunction with industry needs to ensure that they reflect current and future workforce trends
- CV and cover letter workshops that prepare students for job-seeking

Pastoral Care

Embracing the diversity of our students, our friendly and approachable student support team is always available to help you achieve your academic and personal goals, both inside and outside of class.

Pre-Arrival Advice and Information

Leaving home can feel as overwhelming as it feels exciting. For valuable info and advice, visit our website before embarking on your academic journey. Also, by joining our social communities and reading our email newsletters, you will have a smoother transition to higher studies as an international student.

Orientation

While welcoming you, our comprehensive orientation programme is designed to give you essential information so you can navigate your new environment, stay safe and succeed in your academic journey with us in New Zealand.

Social Activities

NZSE believes it is imperative to celebrate and honour the diverse cultures that make up our student body, which means you'll be invited to cultural events and activities throughout the year. Make life-time friendships with students around the globe within your classroom and around your campus.

Career Services

We support you in unlocking your career potential is one of our biggest aims at NZSE. We do this by helping you navigate your education and career journey through:

- One-on-one career coaching, which includes care and advice for your transition into part-time, full-time or casual employment.
- Targeted employability workshops to fine tune your job-ready skills.
- Connecting both students and graduates with employers and industry for the latest labour market information.

How to Apply

Contact Us

Keen to study at NZSE?

Follow these simple steps to begin your academic journey with us.

If you are interested in studying one of our courses or want to know more about our programmes, contact us by email or phone. We are happy to discuss NZSE's study options with you.

Supply any additional information

The programme you apply for may require additional documentation such as a portfolio (this is discussed in step 1). If this is the case, please supply any additional information necessary.

Submit Application

Once we have organised your course of study, provide your details on the [Student Application Form](#). You can do this in-person while speaking to one of our team or you can download a copy from our website and email to: study@nzse.ac.nz

Enrol

As soon as your application is successful, you will receive an offer of study, which outlines the next steps in your journey.

Welcome!

Welcome to the NZSE whānau! We'll confirm your enrolment and will be in touch with you about everything you need to know for your first day and beyond.



At NZSE College, we have a range of programmes that are available to both international and domestic students.

To view the latest courses we are offering, scan the QR code to be taken to our website. If you have any questions, feel free to contact through any of the options below.



Call us

0800 99 88 11



Email us

study@nzse.ac.nz



Visit us

nzse.ac.nz



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[@study_nzse](https://www.facebook.com/@study_nzse)

